

D.A.V. PUBLIC SCHOOL , SECTOR – 14 , GURUGRAM

VEDIC CHETNA SHIVIR

Vedic Chetna Shivir was organised for class IX on 31st October 2018. It started with a yagna where in students learnt the significance of yagna in purifying one's inner soul and the environment.

The Yagna was followed by a session on Yoga wherein students were sensitised about Maharishi Patanjali and eight elements of yoga. Children performed many yogic asanas.

An activity was conducted by counsellors in which all the sections of class IX were asked to make a tree of good deeds done by them.

The highlight of the day was an activity where the situations were provided to each class and students had to come up with a resolution and jingle.

In all, it was an enriching experience for the students as well as the teachers.



