

# D.A.V. PUBLIC SCHOOL, SECTOR - 14, GURUGRAM

## SESSION ON HEALTH AND PHYSICAL EDUCATION FOR CLASS IX

In order to make the students aware of the inclusion of Health and Physical Education activities by CBSE current curriculum w.e.f. session 2018-19 for the students of class IX on 25th July, 2018. The students were guided by Ms Jyoti Sharma regarding importance of healthy lifestyle and the activities which will be taken up under this programme, especially under SEWA (Social Empowerment through Work and Action).



